

## Mobile phone numbers & smoking status

Here at St Stephens Gate Medical Practice we offer a text reminder service for upcoming appointments. We also occasionally remind our patients about annual reviews and flu jabs that they may be eligible for. If you would like us to have your mobile number on your record, please fill in the section below:

**NAME:**

**DATE OF BIRTH:**

**MOBILE NUMBER:**

We are also required to record your current smoking status:

Are you a smoker?

Or a non-smoker?

Smoking is harmful to your health. If you would like some assistance with giving up smoking then please phone smoke free Norfolk on 0800 0854 113 or visit <http://www.smokefreenorfolk.nhs.uk/>

**Thank you**